
SECTION: NUTRITION EDUCATION

SUBJECT: Nutrition Education Requirements

ITEM: *Ongoing Quality Improvement*



Policy Each local agency shall implement and maintain ongoing quality improvement activities to ensure that high quality nutrition services are provided to participants. The plan shall include training and monitoring components.

Basis For Policy 7 CFR 246.19

7 CFR 246.25

WIC National Nutrition Services Standards: Standards 6 and 10

Programs can increase their probability of attaining and sustaining high quality services through implementation of an ongoing quality improvement plan. In addition, with a plan in place, the local agencies are better prepared for program evaluations conducted by the WIC Branch and the U.S. Department of Agriculture (USDA).

Ongoing Quality Improvement The frequency of the activities involved in the quality improvement process and the various methods utilized (such as peer review, chart audits, and class observation) are determined by each agency and included in the agency's Nutrition Services Plan (NSP). Local agencies are strongly encouraged to include the following components in the quality improvement process:

1. Accuracy and appropriateness of the content of the nutrition education, considering participants':
 - (a) nutritional needs/interests
 - (b) food preferences
 - (c) cultural values
 - (d) language spoken
 - (e) literacy level
 - (f) household resources
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**Ongoing Quality
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2. Appropriate provision of participant referrals for health, social and other community services and follow up to ensure that participants received referral services.
 3. Development of an INEP by an RD for all participants with a level 3 or 4 indicator of nutrition need.
 4. Appropriate use of nutrition education materials.
 5. Appropriate provision and documentation of required nutrition education contacts by qualified staff.
 6. Indication that the participant is engaged in the discussion of the topic.
 7. Effective system for scheduling WIC appointments and making accommodations for missed appointments.
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